

HEALTHY DOOR COUNTY

Why a Community Health Improvement Plan?

This community-wide initiative is an ongoing process for identifying & addressing health needs in Door County.

The intent of this plan is to foster successful partnerships in our community to improve the health of all.

Door County representatives from a broad spectrum met and reviewed county and state health data in relationship to the State of WI health priorities for 2020.

After reviewing the data of the twelve health priorities, the representatives identified four focus areas to work on during 2016-2020.



Four Focus Areas of Plan

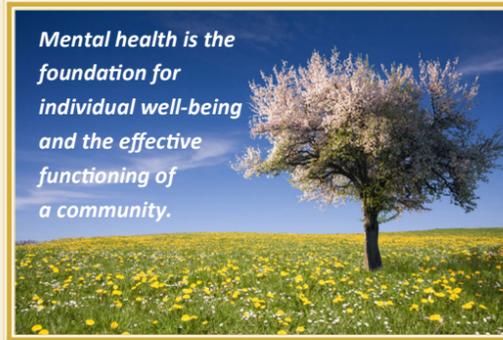
- **Mental Health Issues**
- **Adequate, appropriate, & safe food and nutrition**
- **Oral Health**
- **Healthy Growth & Development**

With the recognition that collaboration is the key to the success of the overall health of our community, we encourage you to consider these Door County issues when looking at ways to improve the health of all.



Over the next five years as a community, we want to work collaboratively with our friends and neighbors to:

Improve mental health by promoting prevention programs, and by ensuring access to appropriate, quality mental health services.



OUR STRATEGIES

- Update the Door County Mental Health & Crisis Prevention Resource Guide annually.
- Continue to promote and support the suicide prevention efforts of "Prevent Suicide Door County Nathan Wilson Coalition".
- Promote and support the QPR (Question, Persuade, Refer) education.
- Decrease the stigma of mental illness through education.
- Continue to expand wellness initiatives and education.

MEASURES OF SUCCESS BY 2020

- The "Door County Mental Health & Crisis Prevention Resource Guide" will be updated on an annual basis, and will be available electronically on websites, and on paper copies.
- The resource guide will be promoted through educational, social media, and publicity messages.
- The suicide rate in Door County will decline.
- The rate of emergency department visits and hospitalizations due to self inflicted injuries will decrease.
- QPR educational presentations will be provided to professional and community groups, by increasing the number of trained community members to provide presentations.



Improve access to and consumption of healthy, safe and affordable foods.

OUR STRATEGIES

- Work with community partners to collaborate, plan, develop, and implement nutrition goals.
- Utilize public education and outreach strategies to increase awareness and education regarding healthy eating.
- Support and promote existing nutrition programs administered by agencies throughout the county.
- Work collaboratively with other agencies to develop programming that addresses gaps and barriers.
- Investigate funding opportunities for program development.



MEASURES OF SUCCESS BY 2020

- Increase Door County residents' awareness of what a healthy nutritional choice is by utilizing visual indicators at community establishments that provide food.
- Increase use of Farm Market Checks through the WIC program to support access to fresh produce and whole foods.
- Support the summer lunch meal program for local children.
- Support healthy nutritional choices, food variety and the trying of new, nutrient-dense foods in schools through Healthy Door County 2020 activities.
- Increase awareness and education about healthy food choices, portion sizes and safe food preparation through documented educational presentations and publicity messages.
- Increase rate in duration of exclusive breastfeeding in Door County mothers.
- Increase use of the Breastfeeding Support Group by pregnant women, mothers, and others.

Increase access to dental care for all citizens of Door County.

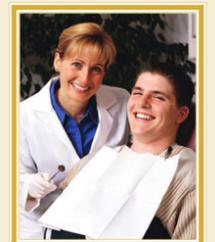
OUR STRATEGIES

- Promote and support the Dental Health Coalition.
- Utilize public education & outreach strategies to increase awareness and education regarding oral health issues.
- Investigate funding opportunities such as United Way, grants, and fundraising activities.
- Increase access to dental care for adults with no dental insurance or Medicaid by evaluating Dental Clinic #'s.
- Improve overall statistics for dental visits in Door County by evaluating County Statistics.
- Assess community's concerns and/or needs for oral health education/encouragement.
- Provide community education in multiple formats.
- Assess oral health programs at schools by talking to school officials.
- Explore relationships between oral health and other health behaviors at coalition meetings.
- Promote and Support the Door County Medical Center Dental Clinic.



MEASURES OF SUCCESS BY 2020

- Within the next 5 years, increase access to dental care for adults with no dental insurance or Medicaid by expanding the Ministry Door County Medical Center Dental Clinic services.
- Within the next year, assess the Door County community's needs for oral health education and encouragement by creating and distributing a survey that will gather information.
- Within the next 3 years, establish and maintain a community education plan for children, adults, and providers based on the community's needs for education by offering at least 3 oral health presentations per year.
- Within the next 2 years, assess the availability and success of oral health programs within the schools by talking to school officials.
- Within the next year, explore relationships between oral health and other health behaviors by having discussions or presentations at oral health coalition meetings.



COLLABORATING PARTNERS

Andersen, Christine—Wash. Island Community Health
 Bacon, Helen—DC Board of Health
 Berka, Cheryl—Ministry Home Care
 Boes, Jody—DC Board of Health & Ministry DCMC
 Dantoin, Vicki—DC Public Health
 Davis, Julie—Boys and Girls Club
 Steve Delarwelle—DC Sheriff
 Erickson, Jake—DC Senior Resource Center
 Fischer, Tanya—Ministry DCMC Dental Clinic
 Grohskopf, Kevin —Ministry DCMC
 Grosbeier, Micaela—Bellin College
 Haen, Terrie—Door County Advocate
 Hitz, Tenley—UW-Extension
 Johnson-Giese, Barb—Ministry DC Medical Center
 Kohnle, Amy—DC United Way
 Kolberg, Rhonda—DC Public Health
 Krebsbach, Joe —DC Department of Human Services
 Leporte, Lawrence—DC Board of Health
 Londo, Dakota—DC Public Health
 Lott, Katie—Ministry Door County Medical Center
 Luders, Matt—Ministry Door County Medical Center
 Teresa Mertens—DC Public Health
 Moeller, Mark—Door County Board & NAMI
 Moens, Donna—Ministry Home Care
 Montevideo, Kalin—Sturgeon Bay Fire Department
 Notz, Michele—Scandia Village
 Osborne, Marcia—NWTC
 Parr, Jackson—Peninsula Pulse
 Arleigh Porter—SB Police Department
 Powers, Sue—DC Public Health
 Resch, Beth—DC Public Health
 Sigl, Craig—Sevastopol Schools
 Smith, Mary Ellen—DC Public Health
 Soik, Sandy—Lakeshore CAP
 Spude, Jenny—UW-Extension
 Sternard, Tammy—DC Sheriff's Department
 Stults, Nancy—DC Public Health
 VanLaanen, Katie—DC Public Health
 Vickman, Patricia —Southern Door School
 Vreeke, Tracy—Door County Library
 Webb-Miller, Christine—DC YMCA
 Wilson, Cheryl—Prevent Suicide Nathan Wilson Coalition
 Zellner, Carrie—UW-Green Bay

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved." - Mattie Stepanek (1990 - 2004), American Teenage Poet

To support healthy growth and development through family-centered, community-based, culturally competent, coordinated care and support throughout the life span.

OUR STRATEGIES

- Maintain and support the Door County Partnership for Children and Families
- Promote the social-emotional development and school readiness of young children birth to age 5.
- Provide a uniform child and parent primary prevention education program to develop interpersonal skills, through a variety of county agencies.
- Develop and distribute information about the Door County Partnership for Children and Families.
- Improve the knowledge of provider organizations regarding available resources in community.
- Improve the knowledge of families regarding available resources in community.
- Work to prevent Adverse Childhood Experiences (ACES) and build resilience in families.
- Seek funding opportunities to sustain this collaborative effort.



For more information, go to the **Door County** website at www.co.door.wi.gov
 Under **Departments**, go to **Public Health** & scroll down to **Community Health Improvement Process**, & click the link for the **2016 Community Health Needs Assessment Report**.



MEASURES OF SUCCESS BY 2020

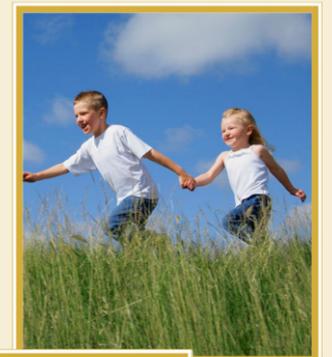
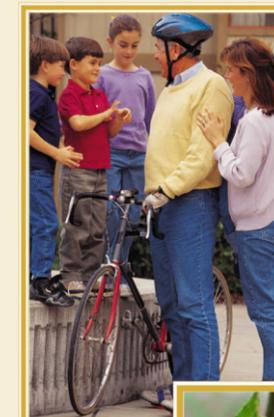
- Hire a Coordinator for the Partnership.
- Hold quarterly meetings of the Door County Partnership for Children and Families.
- Hold regularly scheduled meetings for each of the four sub-committees of the Partnership.
- Design and maintain an on-line community resource directory for families posted on the Door County Library's web page.
- Design, distribute, and evaluate an on-line parent survey regarding parent's needs, availability, and preferred strategies for educational programs in the community.
- Publicize the availability of the on-line community resource guide by creating information that includes the web address and distribute widely.
- Develop and widely distribute information about the Door County Partnership for Children and Families.
- Implement the "I Can Problem Solve" (ICPS) program for children, with the parental component of "Raising a Thinking Child" for school districts and other agencies.
- Develop and implement a Poverty Simulation for Door County provider organizations to educate providers about the difficulties families face in accessing community services.
- Develop and implement a Door County Share Shop and Resource Fair, where agencies can enhance awareness and improve collaboration efforts.
- Provide training for community providers of services to increase knowledge of the research related to Adverse Childhood Experiences (ACES) and Trauma-Informed Care.
- Apply for grants that align with goals of the Partnership.

DOOR COUNTY

.....2016-2020.....

COMMUNITY HEALTH

IMPROVEMENT PLAN



HEALTHY DOOR COUNTY

HEALTH BEGINS WHERE WE LIVE, LEARN, WORK, AND PLAY!



LIVE



LEARN



WORK



PLAY